

**Invitation to Join an Alchemy Group via BCC Email and  
A Private Group to Create and Obtain  
The White and Red Philosophers' Stones**

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You are invited to join a free email group to discuss Alchemy in General, and to learn how to create and obtain both the White and Red Philosophers' Stones.

This Alchemy email group is hosted by myself, and all emails are sent to the members by Blind Carbon Copy (BCC) emails – so no one knows who else is on the member's list.

The objective of this list is to research and learn about Alchemy - and to specifically learn about the White and Red Philosophers' Stones, and to share newly discovered knowledge about how they can be made. Another sub-group, discussed below, is being formed to actually share in the making and distribution of the Stones.

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The Two BCC Email Lists

1. The Alchemy Interest List - BCC Emails

The Agreements to be on this list are:

Patrick Gage Bailey will be host and the host of this list and will send out all BCC emails or posts from: ennead | at | sbcglobal dot net .

All posts in the past were emailed to the list as BCC emails. A new website has now been created by the host to distribute all of the emails as posts. Each post is identified by its sequential number by the date sent.

The members agree to keep this new webpage private, and not to share the distribution of this website address or any of its contents.

Each member is assigned a unique number ID when they join this list.

Each member may communicate with the list by emailing to the host, who will then distribute that email, saying that it is from that number ID.

No names will ever be used in any emails or posts - unless specifically requested by the member sending their email to the host.

Anyone may be recommended by a member to join this list.

The person recommended must ask to be placed on this list by sending an email request to the host (email above).

We all agree to keep high integrity and honesty in our communications and in our work.

The purpose of this list is share knowledge about Alchemy – to and from the members.

This BCC email group was originally started in 2015 by myself and over 20 Masons in the San Francisco Bay Area. It was then expanded to include anyone that is interested in this subject. It now has about 70 members, internationally, and the membership is growing fast.

## 2. The White and Red Philosophers' Stones Project - BCC Emails

Anyone that is first on the Alchemy BCC Email list above may petition to be added to this list by emailing the host. The purpose of this list is share cooperative efforts to actually support, make, and distribute The White and Red Philosophers' Stones.

The Agreements to this list are the same as above, except that all communications will be made by BCC email to its members. There will not be a new central website for these members.

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While many are interested in the theory of Alchemy, only a few are seriously interested in actually making and obtaining White and Red Philosophers' Stones for their personal use.

The purpose of this second list is to band together with others to support, make, and distribute these Stones.

It will be shown below that there are several steps (Stages) in making the Stones, and that only the First Stage produces a very vile smell. Therefore, we have found members that are interested in making the Stones for others, that live far out in the country.

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### The Method to Create the Stones

We will be using this one reference below to discuss and to create the Stones. There are other methods that work, and the author of this reference states that:

“The method I am presenting in this book is, I'm sure, not the most efficient method possible. But it is the method I know and is a tried and tested method, developed over thousands of years by some of the greatest minds.” – Chapter 17

The reference book that we will use is the book:

The Book of Aquarius  
By Anonymous  
Released: March 20, 2011  
Updated: April 25, 2012

It is noted that there have been many versions of this book uploaded onto the internet over the years, and that the current version found today at

The Book of Aquarius An Introduction to Alchemical Philosophy  
3rd Edition v.1.0 c 2015  
By Aleksander Almásy  
At  
<http://www.alchemy.ws>

This contains only 10 chapters and 29 pages.

Therefore, the original book “The Book of Aquarius” by “Anonymous has been intentionally suppressed for many years!

However, by using the internet “Way Back Machine” at <https://archive.org/> - the original and full version of the book has been found as titled

The Book of Aquarius  
Released March 20, 2011, Updated April 25, 2012  
By Anonymous

This contains All 165 pages and 56 Chapters !!! This book is also full of quotes from Alchemical books and references going back into the 1000s!

In order to make sure that you do get the proper book version, links have been provided at [www.padrak.com/uspa072118/](http://www.padrak.com/uspa072118/) which provides

The Book of Aquarius by Anonymous (Full Version)  
(The Original Complete PDF File)  
The Book of Aquarius by Anonymous  
(Table of Chapter Numbers and Titles)  
The Book of Aquarius by Anonymous  
(As fully saved and reformatted as a Word file - With no text changes)  
The Book of Aquarius by Anonymous  
(That Word file with all of the reference quotes deleted –  
To make a shorter reference)

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### Quotes from The Book of Aquarius (Full Version) Ref. Chapter Number

I now include certain text and quotes from a few chapters to summarize our sincere interest and our dedication to The Future Work.

#### 3. What is Alchemy?

Alchemy is the art of imitating and accelerating Nature. It is a natural art and science. In alchemy we do not really make anything, all we do is provide a condition for Nature to do what Nature does. So the Philosophers' Stone is not really made by the alchemist, it is made by Nature. The alchemist only provides the conditions so that Nature can operate effectively and without being disturbed.

An alchemist then only makes the Stone in the same way that you make a tree by planting the seed and leaving it for a few years. Once the seed is set, if the conditions are right then it just grows by itself, in accordance with Nature.

#### 9. The Secret

It's no secret that the Philosophers' Stone is a secret. It wasn't always this way, but we'll leave the history for the History section.

The Stone being hidden and forgotten was an inevitability of the age of the world which is now ending. Now begins the time that all secrets will be revealed and judged.

#### 14. What Is It Made From?

The Stone is made out of only one ingredient.

“Know also that there is only one thing in the whole world that enters into the composition of the Stone, and that, therefore, all coagulation, and admixture, of different ingredients, would shew you to be on a wrong scent altogether.”

- The Glory of the World, Or, Table of Paradise, by Anonymous, 1526 AD

“From the one substance is evolved, first the White, and then the Red Tincture; there is one vessel, one goal, and one method.”

- The New Pearl of Great Price, by Peter Bonus, 1338 AD

Not only is there nothing else used than this one ingredient, but you must be careful not to accidentally allow any other matter to become mixed with it. A small amount of dust or water would not ruin the work completely, but will certainly increase the time it takes to make it.

The ingredient is urine. I understand this may sound strange, and suspiciously convenient, on first hearing, however, there is sound and logical reasoning for the Stone to be made from urine.

Firstly I must explain that the Stone could in theory be made from anything, since everything contains the life-energy to some degree, which is the active ingredient of the Stone. Urine contains this life-energy in high concentration, due to the fact that it has just come out of you, and you, as a living animal, are full of life-energy.

#### 19. Overview

“The work is easy and the medicine is not far away. If the secret is disclosed, it will be so simple that everyone may get a good laugh.”

- Wu Chen P'ien, Essay on the Understanding of Truth, by Chang Po-tuan, 1078 AD (Chinese)

There are two parts to our Great Work. Both parts follow the same laws of Nature that we addressed in our theory.

“The first operation, which is done by hand, is the first stage of the work, which consists in Sublimation and Purification. The second operation, in which the artist has nothing to do but look on, is the second stage of the work.”

- The New Pearl of Great Price, by Peter Bonus, 1338 AD

In the First Part we give Nature a head start by manually performing some of nature's operations, and removing the densest particles, so as to accelerate the whole process. If you did not perform this first part, the process would still work, but it may well take longer than your lifetime.

We will repeatedly distil (with low heat) and calcine the urine, in order to separate it into layers according to density. We will then take only the lightest (most subtle) of the particles, which will be in the form of a white salt, and discard the rest of the body. Then further distil the urine to make it as pure as possible, so only the lightest particles remain. This leaves us at the end of the First Part with a white salt, and a well distilled urine. The First Part will take around 3 months.

In the Second part, we combine the salt and distilled urine, hermetically seal them in a vessel of the correct specifications, and let Nature do its thing. At this stage we only need to make sure it is subjected to the correct degree of heat.

To combine the salt and distilled urine we heat gently until the salt absorbs and becomes saturated with the distilled urine, which can take up to one year, or longer. Then we just need to watch for the matter to putrefy and turn black, then purify and turn white, adjusting the heat accordingly. When the matter turns white, we have the White Stone.

The White Stone can be subjected to higher heat, which will mature it into the Red Stone. The Red Stone must itself be "fermented" with gold.

“Without a proper ferment the Moon cannot become the Sun, but the substance, having nothing to prevent it from doing so, will again revert to water.”

- The Epistle of Bonus of Ferrara, by Peter Bonus, 14th Cen.

“There are no other ferments like these here. The ferment of silver is silver, the ferment of gold is gold, therefore don't look elsewhere!”

- Compound of Compounds, by Albertus Magnus, 13th Cen.

You will then have the Philosophers' Stone. It can be multiplied in quality and quantity by repeating the Second Part (which will be much quicker), or in other ways as will be discussed.

## 21. First Part

The purpose of the calcination is to burn and destroy the solid part of the urine, in order to extract the salt, which is incombustible. You need to really burn the solid matter in the urine.

The first few times you perform the sand bath calcination, or the very first time you perform the kiln calcination, a nasty smoke will come off it, which will stain everything black and smell really foul, so the calcinations must be done outside. Do not breathe in the smoke, it's poisonous! Do not perform the first few calcinations inside your house or it will become unlivable. People who live in the city may need to take a "camping" or "fishing" trip over a weekend, to perform the first calcination away from other people.

[This is the Really Smelly Part!]

## 22. Second Part

Now that you have the mercury (distilled urine) and sulphur (white salt) of the Sages, you need to combine the two so they can putrefy and turn black.

The salt will slowly absorb the moisture. The whole process can take longer than a year, so don't give up. As long as you know you have not used too much heat both now, and in the distilling of the First Part, then it will work.

When the salt has absorbed the moisture and starts to become dry, add another couple of drops of distilled urine. Then wait again until the salt again starts to dry, and add another couple of drops. Continue doing this until the salt is entirely saturated, at which point it will be of the consistency of melted wax.

## 23. Black Stage

When the salt has been entirely broken down and saturated with the distilled urine, it will turn black, which is a sign of putrefaction. Black is the natural color of decomposed matter.

When the whole mass has turned black then you know it has putrefied completely. This is a great sign, because you will now be more than half way to completing the Stone.

Slowly slowly the body will start getting whiter, and may pass through different colors, including one that looks a bit reddish. Don't worry about these colors; we just need the body to get white.

#### 24. White Stage

Having adjusted the heat during the black stage, so that the body dries out in between rains, the black body will slowly pass through various colors and turn white.

As when turning black, the whiteness will not appear suddenly one day, but it will be a slow progress over a few months.

When the body has turned totally white and all the moisture has disappeared you have the White Stone, which can either be fermented with silver, or continued to the maturity of the Red Stone.

#### 25. Fermentation

Both the White Stone and Red Stone must be fermented with silver or gold respectively before they are complete. It is only possible to ferment the White Stone with silver, and the Red Stone with gold, nothing else can be used, neither can silver or gold be used to ferment both.

The ferment (silver or gold) is not considered to be an "ingredient" of the Stone. The Stone is already developed when we apply the ferment, but it needs to be fermented in order to be used for our purposes. The Stone would be harmful if ingested without being fermented first.

The Stone will break down the silver or gold into its own form, but adopt the frequency and stability of the ferment. The life-energy needs to be given an impression of a stable form.

The fermentation is the same process as the Second Part of the work, only we will also add silver or gold, and the process will be much faster.



The quantity of silver or gold you use should be between 2 to 10 times the quantity of the Stone. Find the purest silver or gold you can, it must be as close to 100% pure as possible. It's best to use silver or gold dust, as the reaction will be faster the pieces are smaller (increased surface area.) If you can't get dust, then file down a coin or whatever you have.

To perform the fermentation (and also for multiplication) grind the Stone to dust and mix this together with the ferment (silver for White, gold for Red). Optionally, you can melt this mixture of the Stone and the ferment together with a heat strong enough to melt gold, then beat it into plates and grind it into powder again - this optional stage will speed up the process. Now add a small amount of distilled urine again, and continue with the imbibing, blackening and whitening (then reddening if you are fermenting/multiplying the Red Stone) as you did previously (following chapters 22-24). The fermentation process should take 1-3 months the first time.

Now the White Stone is complete. It can be multiplied in quantity and quality, and raised to the power of the Red Stone.

## 27. Red Stage

The Red Stone is only a further development of the White Stone. You will obtain the White Stone first, and then part of this you can excel to the perfection of the Red Stone.

If you are attempting to mature the unfermented White Stone, instead of the fermented White Stone, you will need to be more careful with the heat. It might also be an idea to multiply your White Stone a few times before attempting to make it red. This may speed up the process as the Stone will already be much purer.

## 28. Multiplication

The Stone only has to be made once, and then it can be easily multiplied in quantity and quality. The multiplication is the same for the White Stone and the Red Stone.

The standard method of Multiplication is to repeat the Second Part or Fermentation again. You can do this with or without adding gold or silver, but by adding more ferment you are increasing the quantity as well as the quality. Every time you repeat the Fermentation, the Stone will get larger and 10x more powerful. The time it takes to complete the multiplication also gets less and less each time it is performed, since the Stone becomes more and more powerful, until the multiplication can be done in just a few seconds.

The unfermented Stones can also be multiplied, but of course you will multiply them by repeating the Second Part again (imbibe, make black, make white, make red) adding only distilled urine and not the ferment.

### 29. Projection

The projection is a reasonably simple matter of melting the metal to be transmuted, then throwing a little bit of the Stone into it.

The lower the melting temperature of the metal, the easier it is transmuted, and less of the Stone will be required. So mercury is the best, and then lead.

### 30. Appearance

The appearance of the Red Stone is different depending how many times it has been multiplied in quality, and therefore how pure and powerful it is.

At first it is a dull red and opaque, but becomes brighter and transparent purple when more refined. It is very heavy.

### 31. Everburning Lamps

Lamps have been found all over the world which have been burning for hundreds of years with no apparent power source. The "scientific" opinion is that there must have been a secret oil well full of oil for the lamp, even though they never found one. But no surprise... its alchemy again.

[This is the original basis for the creation of Hanukkah!]

### 33. Religious References

All of the mainstream religious texts have references to the Stone. The alchemical books I have read are largely from Europe, and so the alchemists were Christian and therefore included many Biblical references. The Chinese alchemists were Taoists, and Taoism was all about alchemy (and Nature, which is the same). The Jews have a very strong alchemical tradition. The Muslims produced some great alchemists. The Hindu texts and myths are full of alchemical references and even an entire Veda, the Sama Veda, is all about the Stone.

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In summary, we invite you to join:

1. The Alchemy Interest List - BCC Emails

And if you are seriously interested in actually supporting the making and the distribution of the Stones, then ask to join our

2. The White and Red Philosophers' Stones Project - BCC Emails

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References are at:

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