Immune Armor
Immune Support

Huang Chi/ Astragalas

Is also known as Astragalas and is a member of the Legume family with a characterisation of a Tonifying action. It strengthens and/or support areas, and/or processes of the teleological processes of the body, and is considered an adaptogen.

This herb attends to the Spleen & Lung energetic zones of influence, wherein in part the issues of lethargy, weakness of limbs, muscle spasm, shortness of breath, and dyspnea on exertion are addressed or pre-empted.

This herb appears to have a vasodilation affect; an enhanced fluid circulation; improved endurance; improve the balance of energy utilisation and storage; (ligand-inducible transcription factors that are involved with metabolic homeostasis that redirect lipid metabolism; a master regulator of adipocyte differentiation, which will influence insulin sensitivity; promotes telomerase (an enzyme) action that supports cell life & stability by synthesizing DNA sequence of Telomeres; Telomeres action with administration of Huang Chi will maintain its length over time and therefore supports cellular viability.


*Journal of Immunology.* 181 (10): 7400–7406. doi:10.4049/jimmunol.181.10.7400

Harley, C. B.; et al. (2011). "A natural product telomerase activator as part of a health maintenance program"
Dong Chong Xia Cao/ Cordyceps

It is also known as Cordyceps Sinensis, a fungi and modernly of the Cordycipitaceae family with a characterisation of tonification of the basil ‘yang’. It strengthens and/or support areas, and/or processes of the teleological processes of the body, and is considered an adaptogen.

This herb attends to the Kidney & Lung energetic zones of influence, wherein in part the issues of systemic exhaustion, weakness of the lower limbs and muscles, shortness of breath, and those other patterns that may occur from a disruption of energy metabolism, the adrenal cortex, & immunomodulation are addressed or pre-empted.

Cordyceps appears to have a symbiont relation and by qualitative analysis, in part, possessing up to 20 extracellular modulators in the form of minerals, some B vitamins, sterols, amino acids, and so so much more. It appears to cause a cellular/cytoplasm responce of enhanced ATP and improved endurance and basil regulatory responces rather than a CNS stimulant.

Medicinal Value of the Caterpillar Fungi Species of the Genus Cordyceps (Fr.)
http://www.alohamedicinals.com/cordycepsIJM1003.pdf

Chinese women’s running coach reveals secret recipe for rejuvenation. World J. 1997
Increase in ATP

Enhanced detoxing action


Immunomodulation & matrix support improved with oral administration of Cordyceps.

Ling Zhi/Ganoderma

It is also known as reishi mushroom, a fungi, of the Ganodermataceae family with a characterisation of tonification of the basil regulatory systems. It strengthens and/or support
areas, and/or processes of the teleological processes of the body, and is considered a powerful adaptogen.

This herb attends to the Matrix, and likely courses its action by may of the extraordinary vessels system, strengthening and supporting all systems in the most comprehensive manner.

Ganoderma lucidum beta 1,3/1,6 glucan as an immunomodulator in inflammation induced by a high-cholesterol diet. [https://www.ncbi.nlm.nih.gov/pubmed/27912745](https://www.ncbi.nlm.nih.gov/pubmed/27912745)


**Fang Feng/ Ledebouriella**

It is also known as Ledebouriella divaricata, of the umbelliferae family with a characterisation of releasing toxins outward and enhancing detoxification. It strengthens, and supports specific areas, of the teleological processes of the body, and is considered a supportive adaptogen.

This herb attends to the Bladder, Spleen & Liver energetic zones of influence, wherein in part the acute or chronic issues of retained toxins impair their clearance. Ledebouriella is remarkably effective in clearing the stagnation & mitigates its pathogenic pattern of pain.


**Jie Geng/ Platycodi**

Is also known as Radix Platycodi Grandiflori a species of herbaceous flowering perennial plant and is a member of the campanulaceae family with a characterisation of transforming
It strengthens and/or support areas, and/or processes of the teleological processes of the body, and is considered a supportive adaptogen.

This herb attends to the Lung energetic zones of influence, wherein in part the issues of pulmonary distress with chest oppression are relieved or precluded.

Platycosides from the Roots of Platycodon grandiflorum and Their Health Benefits

Fermented Platycodon grandiflorum Extract Inhibits Lipid Accumulation in 3T3-L1 Adipocytes and High-Fat Diet-Induced Obese Mice. https://www.ncbi.nlm.nih.gov/pubmed/27792464


Bai Zhu/ Atractylodis

It is also known as Rhizomz Atractylodis Macrocephalae of the compositae family with a charaterisation of tonification of the chi. It strengthens and/or support areas, and/or processes of the teleological processes of the body, and is considered an adaptogen.

This herb attends to the Spleen & Stomach energetic zones of influence, wherein in part the issues of fatigue, appetite, loose bowel and those other patterns that may occur from a disruption of digestive metabolism.


Wu Wi Zi/Schisandra

It is also known as Fructus Schisandraceae Chinensis and is of the Magnoliaceae family with a characterisation of stabilising and binding action. It strengthens, and supports specific areas, of the teleological processes of the body, and is considered a supportive adaptogen.

This herb attends to the Heart, Kidney, and Lung energetic zones of influence, wherein, in part, the issues of abnormal fluid leakage, is addressed with a constraining action that stabilizes bodily function.

It attends to rectify the condition of abnormal coursing of fluids, notably of the more substantive organs.
It may be observed in the treatment of cardio-pulmonary distress observed as excessive sweating, shortness of breath and cough, diarrhea, frequent urination, and a loss of mental clarity.

Protective effects of gomisin N against hepatic steatosis through AMPK activation. Yun YR1, Kim JH2, Kim JH1, Jung MH3. [https://www.ncbi.nlm.nih.gov/pubmed/27914812]

Gomisin N Decreases Inflammatory Cytokine Production in Human Periodontal Ligament Cells. [https://www.ncbi.nlm.nih.gov/pubmed/27896541]

Schisandra polysaccharide inhibits hepatic lipid accumulation by downregulating expression of SREBP1s in NAFLD mice. Wang CM1, Yuan RS1, Zhuang WY2, Sun JH1, Wu JY1, Li H3, Chen JG4. [https://www.ncbi.nlm.nih.gov/pubmed/27852305]

Tang Kuei/Angelica

Tang Kuei Shen is also known as Dan Gui Shen and as Radix Angelicae Sinensis and is of the Umbelliferae family (also called Apiaceae). It is the body of the plant with a characterisation of tonification of the blood and it strengthens and/or support areas, and/or processes of the teleological processes of the body, and is considered an adaptogen.

It has a broad affect on the pathways of the substantive organs, the Heart, Liver, and Spleen zones of influence, wherein in part the issues of such clinical presentations as brain fog, pallor complexion, lethargy, blurred vision, palpitations, dizziness, dry skin, and menstrual irregularity, and pain due to blood stagnation.

In addition laboratory results demonstrate an estrogen like affect and improved vascular repair of damaged tissue.

Some of the volatile oils are phellandrenes, phytosterols, polysaccharides, alpha-pinenes, and macrocyclic lactones. Its tonifying affects on the blood serves most poignantly in resolving blood clots and conditions of stagnation. And when taken prior to periods of physical stress will enhance its functional capacity & promote blood circulation and may preclude its stagnation, thereby being supportive of maintaining homeostasis.

It reflects its action on the blood with improved static capacity, motility and driving force with variants dependent on that portion of the plant used. And with the affect of improving both the integrity of the blood and its connective tissue consequence observed as clarity of mind, mitigation of pain, character of skin, and bone healing.


